



read me first

Like when you get home



Put a teaspoon of salt on the table. Mix in some pepper. Challenge someone to separate the pepper from the salt. When they say, "I can't. It's too hard," do this: Rub a plastic comb or spoon against your shirt really fast for about 10 seconds. Slowly lower it to no less than an inch over the salt and pepper. The pepper will stick to the spoon.

Read Galatians 6:9.

Getting the pepper out of the salt seemed impossible. Maybe you're facing something that feels impossible. Keep doing what's right and don't quit. You won't regret it. God has some great plans in store for you.

Pray about something that's hard for you to do.

talk to God

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DAY 1



Read Matthew 26:41.

Sometimes temptation feels like being locked in a room. You REALLY want to get out, but you feel weak and can't find tools to break the lock. God has what it takes to help you resist the urge to give in or give up. It's hard work, but if you keep an eye out for temptation and pray for God's help when you feel tempted, you'll be able to resist.



Set out a favorite candy bar. Don't eat it until Day 3 of this week.

Pray for God to help you resist the temptation to give in or give up.

talk to God

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DAY 2

Read 1 Corinthians 15:58.

In the race of life, you win by following God. Whatever you're facing, even if it's a giant problem the size of a mountain, you can handle it because God's on your side. Keep doing what you should do even if it's hard.



Picture God awarding you a victory crown for doing what was right and faithfully following Him. What would you say? Who would you thank? How would you feel? Stand in front of a mirror and give a victory speech.

Tell God you want to follow Him even if it's hard.

talk to God

read me last

DAY 3

Read 2 Timothy 4:7-8.

God is powerful—so powerful He can help you fight sin and win. Fighting the temptation to quit is a good fight. It's one you want to finish. So keep doing what you should do even if it's hard.



On the back of this card draw a picture of what you think a crown of righteousness might look like.

Thank God for a way He helped you do something hard this week.

talk to God

For more ideas about putting determination into action, visit www.studio252.tv.

GODTime™

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WEEK FOR DETERMINATION

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