

read me first

LIKE ON THE WAY HOME

Read Isaiah 41:10.

Arm-wrestle someone. If you lose, try it again but this time, double or triple your strength by asking others to help you until you win.

When you're wrestling with the temptation to quit, remember that you can be on God's team. Whatever you're facing, even if it's a temptation the size of a freight train, you can handle it because God's on your side. Keep doing what you should do because God says you can.

Tell God you know you need Him to win out over temptation.

talk to God

Ask God's help with something that makes you feel like quitting.

talk to God

read me next

DAY 1

Read Hebrews 4:15.

Jesus was tempted the way you are. He knows what it's like to need God's help every day. Since He knows what it takes to run the race of life, He can help you to keep doing what He says.

Ask 3 people to name 2 things that make them feel like quitting. Write their answers on the back of this card. Circle the ones you think Jesus may have experienced. Put a check beside the ones that tempt you to quit, too.

read me last

DAY 3

Read Philippians 4:13.

God never gives up. He doesn't want you to give up either. He wants you to keep on doing what you should. And He promises to give you the strength not to quit.

Create some hand signals to remind you that, with God's help, you can keep doing what's right even when it feels impossible. When you feel like quitting, picture Jesus using your hand signals to encourage you to keep going.

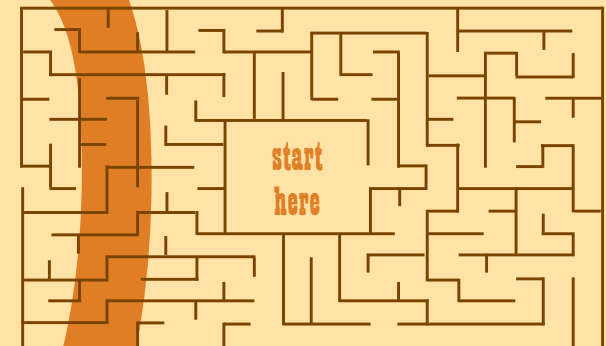
Ask God to help you do anything He wants you to do.

talk to God

Find the way out of the maze.

Read 1 Corinthians 10:13.

God won't let a temptation happen to you that you can't resist without His help. Just like with this maze, there's a way out. So don't give in or give up. Temptations test your determination to do what's right, so keep doing what you should do because God says you can.



Ask God to help you memorize 1 Corinthians 10:13 and remind you of it when you feel like giving up.

talk to God

WEEK THREE
Determination

GOD Time™

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